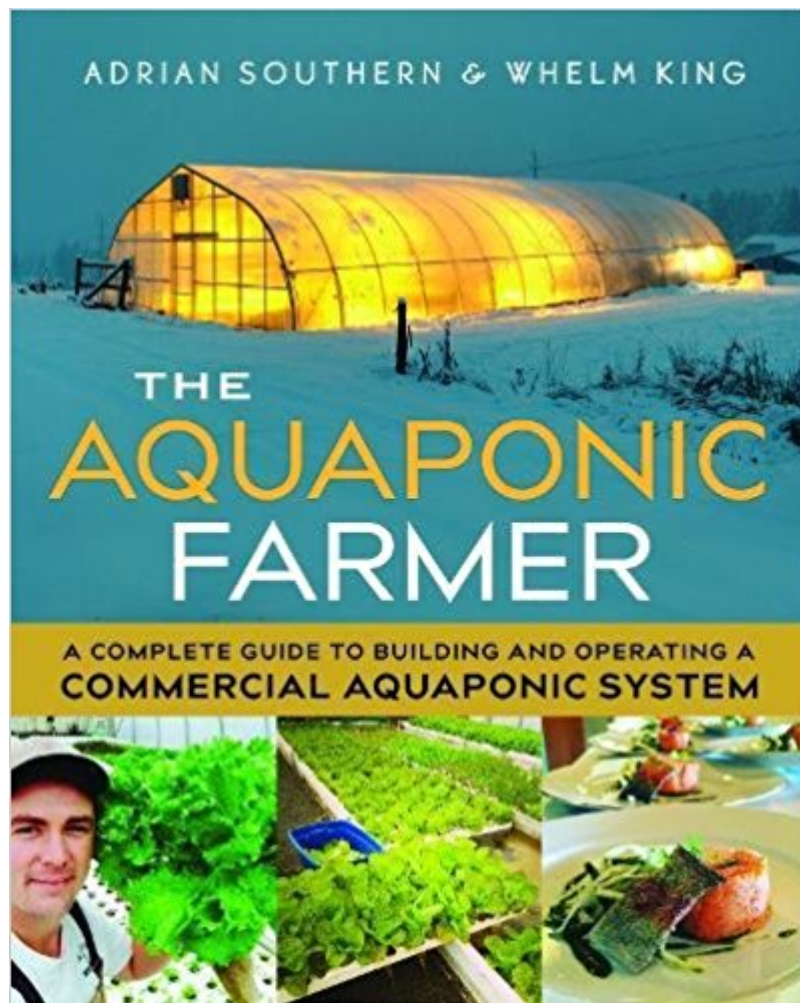




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The Aquaponic Farmer: A Complete Guide To Building And Operating A Commercial Aquaponic System



Synopsis

Aquaponic farming—raising fish and vegetables together commercially—is the most promising innovation for a sustainable, profitable, localized food system. Until now, systems have largely focused on warm-water fish such as tilapia. A lack of reliable information for raising fish and vegetables in the cool climates of North America and Europe has been a major stumbling block. The *Aquaponic Farmer* is the game changer. Built around a proven 120-foot greenhouse system operable by one person, the book distills vast experience and complete step-by-step guidance for starting and running a cold-water aquaponics business. Coverage includes:

- A primer on cold-water aquaponics
- Pros and cons of different systems
- Complete design and construction of a Deep Water Culture system
- Recommended and optional equipment and tools
- System management, standard operating procedures, and maintenance checklists
- Maximizing fish and veg production
- Strategies for successful sales and marketing of fish and plants

As the only comprehensive commercial cold-water resource, *The Aquaponic Farmer* is essential for farmers contemplating the aquaponics market, aquaponics gardeners looking to go commercial, and anyone focused on high quality food production. Adrian Southern is steeped in all things aquaponic. After years of urban farming and system perfection, he co-founded Raincoast Aquaponics and raises trout and vegetables for a living in the Cowichan Valley on Vancouver Island, BC. Whelm King is a business manager, project manager, and entrepreneur who has worked in the arts, agriculture, publishing, media, and law. He is co-founder of Raincoast Aquaponics and lives in Nanaimo, BC.

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Aquaponic farming – raising fish and vegetables together commercially – is the most promising innovation for a sustainable, profitable, localized food system. Until now, systems have largely focussed on warm-water fish such as tilapia. A lack of reliable information for raising fish and vegetables in the cool climates of North America and Europe has been a major stumbling block. The Aquaponic Farmer is the game changer. Built around a proven 120' greenhouse system operable by one person, the book distills vast experience and complete step-by-step guidance for starting and running a cold-water aquaponics business. Coverage includes: A primer on cold-water aquaponics Pros and cons of different systems Complete design and construction of a Deep Water Culture system Recommended and optional equipment and tools System management, standard operating procedures, and maintenance checklists Maximizing fish and veg production Strategies for successful sales and marketing of fish and plants As the only comprehensive commercial cold-water resource, The Aquaponic Farmer is essential for farmers contemplating the aquaponics market, aquaponic gardeners looking to go commercial, and anyone focused on high quality food production.

Adrian Southern is an aquaponic farmer and entrepreneur from the Cowichan Valley on Vancouver Island, BC. After founding and operating an intensive urban farm and managing a local farmers market, he is currently steeped in all things aquaponics. After years of system perfection, he founded Raincoast Aquaponics and raises trout and vegetables for a living. Whelm King is a business manager, project manager, and entrepreneur. He has worked and consulted in a wide variety of fields including the arts, agriculture, publishing, media, and law. He pursues his passions of food sustainability, ethics, and rock climbing in Nanaimo, BC.

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